



Vol. 47, No. 22 • 374th Airlift Wing • Yokota Air Base, Japan • Friday, June 16, 2006

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master sergeant selections
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Sun, fun for the community
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make home a fortress

A harrowing head count



Left, firefighters from the 374th Civil Engineer Squadron prepare to pull out two role-playing terrorist attack victims during an Emergency Management Exercise June 9. Below, Master Sgt. John Parker, 374th Communications Squadron gets medical attention as he role-plays as a victim of a simulated attack June 9. Emergency Management Exercises help Airmen stay prepared and mentally posed.



photos by Airman 1st Class Laszlo Babocsi

Air Force officials: 'be financially vigilant'

Theft of VA information threat to Airmen, government responds with resources

WASHINGTON (AFPN) – Air Force officials are asking Airmen to stay extra vigilant in protecting their credit and themselves from identity theft in light of the recent theft of 26.5 million veteran's records from the home of a Department of Veterans Affairs employee in May.

The VA announced over the weekend that the stolen records might include personal information of people currently in the military, according to a VA news release. Initial findings from the VA indicated the personal information on about 50,000 active duty, National Guard and Reserve Airmen may have been involved.

As the two agencies compared electronic files, VA and the Department of Defense learned that personal informa-

tion on as many as 1.1 million active-duty service-members, 430,000 National Guardsmen, and 645,000 members of the Reserve may have been included in the data theft, according to the VA release June 7.

The VA has received no reports that the stolen data has been used for fraudulent purposes. However, the VA is asking all veterans to carefully monitor bank statements, credit card statements and any statements relating to recent financial transactions.

Several resources are available for people to go to for more information. The VA has set up www.firstgov.gov/veteransinfo and a toll-free telephone number, 800-FED-INFO or 800-333-4636, that feature up-to-date news and information on the data compromise.

The site offers tips on how to check credit reports, how to guard against identity theft and whom to call if an individual believes any fraudulent activity is occurring using his or her personal information.

The Air Force and Department of Defense are working closely with the VA to determine how many Airmen and other service members may be affected by the compromise of records. Airmen whose information has been compromised will be notified by the VA so they can take the appropriate steps.

Tips on how to watch for suspicious activity include the following:

- ✓ Closely monitor your bank and credit card statements for fraudulent transactions. Monitoring accounts online is the best way to detect fraud early.

- ✓ Place a 90-day fraud alert on your credit report, which

tells creditors to contact you before opening any new accounts or making any changes to your existing accounts. This action may cause some delays if you are trying to obtain new credit.

- ✓ It is only necessary to contact one of three companies to place an alert. That company is then required to contact the other two. The three companies are:

- ✓ Equifax (800-525-6285, www.equifax.com);

- ✓ Experian (888-397-3742, www.experian.com);

- ✓ TransUnion (800-680-7289, www.transunion.com).

Once the fraud alert has been posted, you are entitled to free copies of your credit reports. Review these reports for inquiries from companies you haven't contacted or accounts you didn't open. The alert can be renewed after 90 days.

Airmen should take the following steps if they find fraudulent accounts or transactions:

- ✓ Contact the financial institution to close the fraudulent account(s) that have been tampered with.

- ✓ File a report with the local police department.

- ✓ File a complaint with the Federal Trade Commission by phone at 877-438-4338, online at www.consumer.gov/idtheft, or by mail to Identity Theft Clearinghouse, Federal Trade Commission, 600 Pennsylvania Avenue NW, Washington, DC 20580.

Additionally, Family Support Centers across the Air Force are prepared to assist anyone with questions regarding identity theft or similar financial concerns, Air Force officials said.

Additional help can be found online at:

- ✓ www.militaryonesource.com
- ✓ www.privacy.ca.gov/sheets/cis3_english.htm

- ✓ www.co.boulder.co.us/dac/consumer/idtheft.htm

Life of the party



photo by Staff Sgt. Bryan Bouchard

Tech. Sgt. John Carpenter, deployed to Iraq from the 374th Aircraft Maintenance Squadron, blows up balloons for Iraqi children at the Army's Civil Military Operations Center near Sather Air Base, Iraq. Airmen volunteer their time at the operations center for the children.

Selective re-enlistment bonus changes for 14 specialties including security forces

WASHINGTON (AFPN) – Air Force officials have announced changes to the selective re-enlistment bonus program.

A message from Headquarters Air Force, dated May 24, indicated changes to the program for 14 Air Force Specialty Codes. Those changes follow a thorough review of the SRB program, and are part of the Air Force's ongoing force-shaping effort, the message said.

Changes were made to the following selective re-enlistment bonuses:

Added, effective June 1, 2006:

⇒ 1C6X1, Zone A, 2.0 (space systems operations)

⇒ 1N2X1, Zone A, 2.0 (communications signals intelligence production)

⇒ 3E9X1, Zone A, 1.5; Zone B, 1.0; Zone C, 1.0 (readiness)

⇒ 3P0X1A/B, Zone A, 2.0 (security forces)

⇒ 4J0X2, Zone A, 1.0 (physical medicine)

Reduced, effective July 1, 2006:

⇒ 1A2X1, Zone A, 2.5 (loadmaster)

⇒ 1A3X1, Zone A, 3.5 (airborne communications and electronic systems)

⇒ 1A4X1, Zone A, 2.0; Zone B, 2.0 (airborne battle management)

⇒ 1C5X1D, Zone A, 3.0 (aerospace control and warning systems)

⇒ 1N3X2A, Zone A, 4.5; Zone B, 4.0 (romance cryptologic linguist)

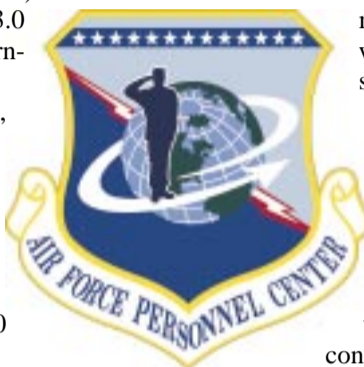
⇒ 1N3X3A/D, Zone A, 4.5; Zone B, 4.0 (Slavic cryptologic linguist)

⇒ 1W0X1, Zone B, 1.0 (weather)

⇒ 9L0X0, Zone B, 5.0 (interpreter/translator)

Removed, effective July 1, 2006:

⇒ 2E2X1, All (communication, network, switching and crypto systems)



Senior Master Sgt. Patrick Lavender, Air Force Enlisted Force Management Division manager here, implemented a new SRB analysis process that objectively identifies SRB candidates and recommends the best allocation of multiples while staying within budgetary constraints. The new process increases the validity of the SRB program and ensures the right skills are targeted with the most cost-effective multiples.

For more information on the SRB changes, contact the base military personnel flight re-enlistment office in Bldg. 316 or call 225-6077.

Airmen can also visit the Air Force Personnel Center at www.afpc.randolph.af.mil online for more information.

AF Academy cadets get hands-on training

Base helps prepare future officers for leading service, fellow Airmen

By Capt. Ben Alumbaugh
374th Airlift Wing Public Affairs

All through the summer, members of Team Yokota will see many unfamiliar faces around the base as cadets from the United States Air Force Academy participate in Operation Air Force.

The program takes cadets to different Air Force bases throughout the world to gain a better understanding of the operational Air Force.

"It helps them come in with a greater appreciation of the duties, problems, responsibilities, and training they will encounter in the Air Force," said Capt. Jennifer Whetstone, coordinator for Operation Air Force here.

"The program is actually divided into three parts," said Matthew Shemo, a senior. "Going into your sophomore year you spend three weeks working alongside enlisted, then junior year you get a taste of different support functions and then senior year you are matched with your Air Force Specialty Code to get an operational view of the Air Force."

The program puts the cadets at a base for three weeks during the summer months. Yokota is currently hosting 27 cadets, who will leave on June 23.

During their time at Yokota, the cadets are shadowing a variety of Air Force members at their duty section.

"It's hard at the academy to fully understand how the Air Force really works, since we get locked into academics," said Derek Monnier, senior cadet. "Sometimes we don't have an idea of what the big Air Force picture is."

The cadets say so far everyone at the base has been very accommodating to them and have made them feel welcome and part of the squadrons.

"I think for me it's been great to get a better appreciation for Company Grade Officer life in and outside the squadron," said Cadet Derek Monnier.

Junior cadet Geoff Britzke says he's fortunate because he's taking Japanese as a minor and he's getting the chance for language immersion being here.

"I am not only seeing what a CGO does on a daily basis, I'm also getting the chance to experience Japan," said the cadet.

Cadet Britzke said one of the most valuable lessons he can learn through yearly participation in the program is what to do and what not to do.

"... for me it's been great to get a better appreciation for CGO life in and outside the squadron."

Cadet Derek Monnier
Air Force Academy

Nihon-go now

⇒ Number Ban (bah-n)	⇒ Six Roku (loh-koo)	⇒ Twelve Ju-ni (joo-nee)
⇒ One Ichi (ee-chee)	⇒ Seven Nana (nah-nah)	⇒ Thirteen Ju-san (joo-san)
⇒ Two Ni (nee)	⇒ Eight Hachi (hah-chee)	⇒ Fourteen Ju-yon (joo yoh-n)
⇒ Three San (sah-n)	⇒ Nine Kyu (keh-you)	⇒ Fifteen Ju-go (joo goh)
⇒ Four Yon (yoh-n)	⇒ Ten Ju (joo)	⇒ Twenty Ni-ju (nee-joo)
⇒ Five Go (go)	⇒ Eleven Ju-ichi (joo ee-chee)	⇒ Twenty five Ni-ju-go (nee-joo-goh)

AD

Yokota Airmen selected for technical, master sergeant promotions

RANDOLPH AIR FORCE BASE, Texas (AFPN) – The Air Force has selected 4,613 of 23,230 eligible technical sergeants for promotion to master sergeant, a 19.85 percent selection rate; and 6,904 of 41,186 eligible staff sergeants for promotion to technical sergeant, a 16.76 percent selection rate.

The master sergeant selection rate dropped 6.19 percent from last year, while this year's technical sergeant rate dropped 4.25 percent from last year.

The Air Force programs the top five enlisted grades to 56 percent of enlisted end strength. The programmed FY07 reduction in total enlisted end strength from 282,822 to 264,424 resulted in lower enlisted promotion quotas.

Score notices will be available on virtual Military Personnel Flight, or vMPF, June 16.

The average master sergeant selectee score for the 06E7 master sergeant test cycle was 343.02 points.

The average master sergeant selectee has 3.96 years time in grade and 16.95 years in service. Those selected will be promoted to master sergeant from August to July 2007.

The average selectee score for the 06E6 technical sergeant test cycle was 314.01 points.

The average technical sergeant

selectee has 4.87 years time in grade and 10.84 years in service. Those selected will be promoted to technical sergeant from August to July 2007.

The following staff sergeants have been selected for promotion to technical sergeant:

From the Air Force Band of the Pacific: **Butler, James; Mezzanotte, Paul.**

From Air Force News Agency: **Aguiar, Denise; Hoover, Lee Jr.; Vargas, Brendan.**

From Defense Financial Services: **Dial, Willie.**

From United States Forces Japan: **Jenkins, Michelle.**

From Pacific Air Forces Postal Squadron: **Scott, Jeremiah.**

From 5th Air Force: **Franz, Maria.**

From the 36 Airlift Squadron: **Larson, Thomas; Martyniak, Neal; Nolan, Reginald.**

From the 373rd Intelligence Group: **Hernandez, Philip; Sorhaindo, Raphael.**

From the 374th Aerospace Medicine Squadron: **Dyson, Sara.**

From the 374th Aircraft Maintenance Squadron: **Chambers, Thomas; Maldonado, John; Meredith, Mercedes; Serrano, Keith; Tatman, Elijah.**

From the 374th Airlift Wing: **Martinez, Narda; Suenath, Fereeda.**

From the 374th Civil Engineer Squadron: **Dubord, Brian; Smalls, Travis.**

From the 374th Communications Squadron: **Barber, Deborah; Childs, Laterese; Cropps, Jerrard; Daugherty, Joshua; Gillispie, Christopher; Jones, Dante; McKenzie, Kelly; Noel, Kelvin; Parradee, Steven; Ruelas, Henry; Sechrest, Nathan; Stevenson, Greer.**

From the 374th Comptroller Squadron: **Williford, Stephanie.**

From the 374th Logistics Readiness Squadron: **Anderson, Coiyonne; Crouch, William; Dulin, Thomas II; Eastwood, Daniel; McCullough, John; Oscar, Vernon.**

From the 374th Maintenance Squadron: **Bilicki, John; Cress, Charles; Thomas, Andre Jr.**

From the 374th Maintenance Operations Squadron: **Franz, Jason.**

From the 374th Medical Operations Squadron: **Hubbard, Eric; Sundheim, Aaron.**

From the 374th Mission Support Squadron: **Erickson, Ernest; Wilson, Anthony.**

From the 374th Operations Support Squadron: **Bowen Brian; Carter Kathleen; Thaggard, Liza.**

From the 374th Security Forces Squadron: **Manning, Christopher.**

From the 605th Air Intelligence Squadron: **Lowery, Jennifer.**

From the 613th Contingency Response Group Det. 1: **Johnson, Benjamin; Pendergast, Chad.**

From the 624th Air Control Flight: **McKinnis, Makeysa.**

From the 730th Air Mobility Squadron: **Barrett, Kelly; Brown, Eric; Crocker, Michael; Harrington, Mark; Harvey, Jason; Overton, Daniel; Sindberry, Odell; Wade, Kenneth; Williams, Clarence.**

The following technical sergeants have been selected for promotion to master sergeant.

From the Air Force Band of the Pacific: **Herndon, Harry; Macomber, Dean.**

From Air Force News Agency: **Bigsby, Tracy.**

From Air Force Technical Application Center: **Belew, Michael.**

From the Defense Threat Reduction Agency: **Patrick Charlette.**

From United States Forces Japan: **Arant, Matthew; Cheek, Shawn Eric; Cormier, Terry; Ratliff, Wayne; Roach, Roy Jr.**

From the 369th Air Force Recruiting Squadron: **Eihusen, William.**

From the 373rd Intelligence Group: **Stephens, Mark.**

From the 374th Aircraft Maintenance Squadron: **Banda, Morris.**

From the 374th Airlift Wing:

Priest, Timothy.

From the 374th Civil Engineer Squadron: **McGlamery, Kenneth; Tanner, Cedric; Thomas, Jermaine; Truax, Shawn.**

From the 374th Communications Squadron: **Chatman, Demond; Eddings, Michael; Gonzalez, Juan; Green, Gregory; Harris, Isaac Jr.; Llanes, Roland; Rivero, Luis; Solidum, Aldrin.**

From the 374th Comptroller Squadron: **Carr, Adrian.**

From the 374th Dental Squadron: **Sion-Milligan, Yvonne.**

From the 374th Logistics Readiness Squadron: **Callaway, Melvin; Yoder, Dean.**

From the 374th Maintenance Squadron: **Briley, Calvin; Taynton, David.**

From the 374th Medical Support Squadron: **Brannon, Thaddeus; Gillett, Leyla.**

From the 374th Mission Support Squadron: **Barclay, Alyssa.**

From the 374th Security Forces Squadron: **Sherburne, Michael; Simmons, Todd.**

From the 605th Air Operations Squadron: **Porter, Danette.**

From the 730th Air Mobility Squadron: **Baldwin, Jeffrey; Best, Gerald Jr.; Cooley, Darren; Courtney, Michael; Posey, Aubrey Jr.; Sellers, Brian.**

(Information added by 374th Airlift Wing)

AD

Japanese-American alliance strong

Ambassador explains military realignment as beneficial to countries, promotes security

(Editor's Note: The following abridged speech was given by U.S. Ambassador to Japan Mr. J. Thomas Schieffer June 8 in Osaka, Japan.)

Last week, the Japanese cabinet formally endorsed the agreement struck between our two governments on Alliance Transformation and Realignment. In my judgment, this is the most important security agreement we have reached since the Mutual Security Treaty was renewed in 1961.

This milestone was the culmination of a process that began more than three years ago in response to the enormous changes that had occurred in the international order. It seeks to meet the challenges presented by traditional state threats to our security as well as the non-traditional threats of transnational terrorism. Sometimes governments get so wrapped up in the details of these kinds of negotiations that they fail to explain to their publics just how important they are in a global sense. Today, I hope to explain why the United States feels this agreement will be of great benefit both to the United States and to Japan.

When the Bush Administration first came to office, there was a realization that American forces were deployed as they were around the world, largely because that is where World War II ended. The Cold War kept those forces in place to contain Soviet expansionism. With the collapse of the Soviet Union, however, the strategic necessity for those deployments changed. We were in the process of reassessing our global strategy on force deployment when the tragedy of 9/11 struck. Suddenly, we in the United States realized that we would have to defend ourselves against non-tradi-

tional threats like terrorism as well as the traditional threats posed by nation states. At the same time Japan was re-evaluating the role it wanted to play in a new international order. When Prime Minister Koizumi and President Bush first met, they realized that circumstances and history had brought them together at a crucial moment in our relationship. As their friendship developed and events unfolded, they increasingly became determined to seize that moment and make it a testament to what good friends could do when their interests were allied together. Both recognized that if our alliance was to deepen and strengthen over the years we would need the public support of our citizens. We would also have to explain on a regular basis the importance of the Japanese-American alliance to the preservation of peace in Asia and the Pacific as well as Japan.

Prime Minister Koizumi convinced President Bush that to garner public support in Japan we would have to find some way to reduce the footprint of American forces here – both geographically and numerically. At the same time both the Prime Minister and the President recognized that we did not want to reduce the capability of our forces – and I am talking about Japanese as well as American forces – in the process of reducing numbers. Nor did we want our motives or actions misinterpreted by either friend or foe in Asia.

For sixty years, the American presence in Japan has been the linchpin of security in this part of the world for both Japan and America. The last thing either of us wanted to do was to give the impression that America was weary of its role

in Asia or somehow wanted to withdraw its forces solely to take them home.

In this context then we began our negotiations, determined to increase capabilities, maintain the deterrent capability of American forces in Asia, and reduce numbers. I think we have accomplished those goals across the board.

Including the plan for Okinawa, there are many exciting parts to this agreement that we hope will strengthen our alliance in Japan. At Atsugi for instance, the carrier air wing will be moved out of a densely populated area to new facilities in Iwakuni. The runway in Iwakuni that they will use is already under construction. Because it is being built offshore on landfill, noise problems should be significantly reduced and safety enhanced.

In Kanagawa Prefecture, we will make significant land returns and adjustments at Camp Zama and Sagamiara General Depot. Both land returns are in direct response to long standing requests by local citizens and officials. We will also modernize and transform the U.S. Army's command and control structure at Camp Zama. At the same time Japan's Ground Self Defense Force's Central Readiness Force headquarters will also be located at Camp Zama.

In fact, command and control changes were at the heart of what we were trying to do in these negotiations and Camp Zama was not the only place that we did them. At Yokota Air Base outside Tokyo, the American 5th Air Force command and control center will be joined by the command and control center of the Japanese Air Self Defense Forces. Having these two facilities in close proximity will allow greater contact, more sharing of information and better coordination over the air space of Japan than we have ever had before.

We will also establish a Japanese-American Joint Operations Coordination Center at Yokota to enhance bilateral policy coordination and interoperability. We are going to be doing a lot more together in the future on such things as missile defense and this center will go a long way toward making them successful. The more we know about each other, the more we work and train together, the more effective we will be in meeting the global challenges we will face in the 21st century.

All this will not just involve Japanese forces joining us at what used to be exclusively American bases. Throughout this whole agreement you will see where American forces are joining their Japanese counterparts to create joint facilities that serve both our interests more efficiently and economically. For instance, United States X-Band radar is presently being installed at Japan Air Self Defense Force Base Shariki in Aomori Prefecture. This radar will greatly enhance our joint ability to defend ourselves against missile attack. The training facilities being built at Guam for the transferring Marines will also be available for use by Japanese Self Defense Forces. In fact the United States will happily accept greater training of all Japanese forces on U.S. soil. Already, Japanese forces train in Hawaii, Alaska, California, Washington State, and Guam. We think that is great and we want to do more of it. When we train together we become more interoperable and more capable of defending Japan and being a stabilizing force in Asia.

There are literally dozens of other examples of positive measures that we are taking through this Alliance Transformation and Realignment package to strengthen and modernize the Japanese-American alliance. We will become more capable and more efficient as a result.



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All photographs used in the Fuji Flyer are official Air Force photographs, unless otherwise indicated.

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The deadline for articles, briefs and classifieds is Wednesday the week before publication. For holidays, the deadline is one day earlier.

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Eight Co., Ltd.

Publisher

DUI Prevention

June 7 – June 13	0
Total DUIs in June	0
Total in 2006	6

Punishment

.049 or less = car parked for 12 hours
.05-.079 = 6 months walking
.081-.149 = 1 year walking
0.15 or greater = 2 years walking

*Don't
drink and drive.
Call 225-RIDE!*

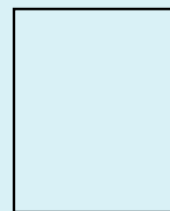
Action Line

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The Action Line is your direct line to me. Use it if you have questions or comments about Yokota, which couldn't be resolved by your chain of command first. When you send an e-mail, please include your name and phone number so you can be reached if more information is needed.

Col. Scott Goodwin

374th Airlift Wing Commander





Fuji Flyer's Summer Peeks

Fun season's focus for Yokota youth

Students can sign up Saturday, Sunday at YCC lobby to stay drug, alcohol free

By Senior Airman Katie Thomas
Editor

Parents throughout the generations have told their children, "It is all fun and games until someone gets hurt."

Yokota's Youth Concerns Group thinks so too, and is reaching out to encourage and inform the base's younger community members.

From the youth and teen centers to sports activities, there are numerous ways for youth to pass the three-month hiatus from the classroom. The Youth Concerns Committee will advertise these activities throughout Friday and Saturday at the Yokota Community Center.

Parents and youth can pick up a calendar outlining activities throughout the summer along with how to contact organizations such as the youth and teen centers for more information.

Sign-ups will be taken from

youth to encourage a drug- and alcohol-free summer. If youth wear the free t-shirt, stay drug and alcohol free, and participate in an advertised activity, they are eligible to win prizes from the committee.

Adolescent Substance Abuse Counseling Service counselor Wally Humenick offers these tips for keeping youth drug and alcohol free year-long:

- ✓ Set clear rules and make sure they know that alcohol and drug use is unacceptable.

- ✓ Talk about how harmful it is physically, mentally and socially to use drugs or alcohol.

- ✓ Monitor their activities and behavior including where they are, who they are with and what they are doing.

- ✓ Stay involved in their lives and talk to their coaches, employers and friends.

- ✓ Help them stay busy with planned summer activities.

- ✓ Plan family activities with



photo by Capt. Ben Alumbaugh

Yokota Middle School students celebrate the last day of school by gathering outside the classroom to burn off some youthful energy.

them throughout the summer such as going to the movies, taking a walk or sharing a meal.

During the YCC event, youth can also pick up and fill out a survey about the activities and programs available to them. The committee said it highly encourages and looks forward to the input from their young customers.

Committee members and counselors will also be available to answer questions, hear con-

cerns and offer advice to students.

For more information about the Yokota Youth Concerns Group or about preventing drug and alcohol use, community members can visit the YCC Friday and Saturday, call 225-2190 or visit www.TheAntiDrug.com.

They can also call the youth or teen centers and other organizations on base offering activities throughout the summer.

Centers offer programs for students

By Staff Sgt. Karen J. Tomasik
374th Airlift Wing Public Affairs

Teens and children looking for something to do this summer have a variety of options from trips to activities on base.

Events scheduled at the Teen Center in June are:

Passport to Manhood offered at 6 p.m. Friday night followed by dinner and movie night on Saturday at 7 p.m.

Every Monday teens can participate in Board Game Night starting at 6 p.m., and on Tuesday they can participate in the Photography Club at 6 p.m. Wednesday at 6 p.m. is a Movie Night and 7 p.m. Thursday kicks off Karaoke Night.

June 23 is another Teen Summit at 6 p.m., while June 24 offers the Monthly Birthday Party at 7:30 p.m. There is Arts and Crafts Club on June 27 and 29 at 6 p.m., Fit Factor Bowling at 2 p.m. June 28 and Fit Factor Soccer at 7 p.m. June 30.

For Yokota's youth, there is a School's Out Summer Blast Saturday from 2 to 6 p.m. at the East Center.

All events are subject to change based on availability of staff and locations.

Contact the Teen Center at 225-6793, the west youth center at 225-6397 or the main youth center at 225-7441.

Events in July and August will be available in future editions of the Horizons magazine.

YHS awards 79 diplomas at annual graduation

Yokota High School saw its senior class graduate June 9 during a ceremony at the Fussa Civic Hall.

After successfully completing all requirements throughout four years of schooling, nearly 80 students earned their diplomas.

The graduating class is:

Daniel Alvarez, Erika Andrews, Michel Baarda, Bronson Bailey, Jessica Baker, Tommy Ballew, Lizeika Banda, Lyanna Banda, Gina Barker, Nathan Berry, Doug Bloom, Isaac Bowser, Stephen Brink, Lindaya Brown, Sean Burgan, Andreas Cabral, Michael Campbell, Andrew Cea, Shelly Clark, Cameron Cooper, Chelsea Cox, Bernard Dean (class vice president), Mark

Dixon, Melissa Dixon, Zachary Dopslaf, Christian Duran, Jacinta Galeai, Shayla Garcia (executive vice president), Wonzie Gardner, Vanessa Gempis, Kelly Greenwood, Brittani Griffenkrantz (class treasurer), Harrison Guzman,

Stephanie Hannon, Tyler Hatfield, Jennifer Higuchi, Ryan Hill, Nicholas Host, Anna Jaap, Chris Jones, Shiori Kaneko, Riana Kessler, Jena Koning, Monica Langlois, Taurea Leflore-Mccary, Tiffany Lide, Kayla Loisel, Michelle Martinez (class secretary), Garrett Mccaw, Miya Meaders,



Monica Mercader, Elizabeth Michael (executive president), Julia Misa, Scott Monahan, Pierre Mosbey,

Danielle Neal, Takako Osaki, Jared Oxborrow, Whitney Patterson (executive secretary), Reuben Pittman, Carol Ramirez, Jason Ricks, Jacob Riddle, Cecily Roach, Kyle Sais, Melanie Saucedo, James Scott, Tim Simmons, Abigail Straub, Alicia Style, Corey Sykes, Jackie Takai, Katherine Taylor, Wil Teves, Dominic Thirkill, Sarah Vosti and Ryan Wilde (class president).

(Courtesy of Yokota High School)

Schools farewell, welcome teachers

Farewells

From Yokota Middle School:

Steven Sanchez, transferring to Okinawa; Joyce Gunderson, transferring to Germany; Holly Root, transferring to Germany; Sue Grondin, transferring to Sasebo; Mark Hanssen, transferring to England; Charlotte Edwards, transferring to Korea; Darla Rakoczy, moving to the U.S.; Jodie Perko, moving to the U.S.; Sandy Spruill, moving to Okinawa;

From Yokota High School:

Vera Hicks, retiring after 26 years of service with the Department of Defense Dependents Schools (DoDDS); Kirstin Achenbach, moving to Germany; Teresa Brunacci, moving to Italy; Alethea Daniels, leaving; Chani Craig, leaving.

From Yokota West Elementary School:

Holly May, moving to the U.S.; Helen Walker, moving to the U.S.

From Yokota East Elementary School:

Margaret Sherwood, retiring after 30 years of service with DoDDS; Tom and Carol Kemp, retiring after 45 years combined service with DoDDS.

Welcomes

To Yokota Middle School:

Don Christensen, incoming principal.

To Yokota High School:

Keith Ross, from Korea; Darrell Rahn, from Germany; James Holladay, from Iceland.

From car to train to ITT trips, travel options limitless

By Staff Sgt. Karen J. Tomasik
374th Airlift Wing Public Affairs

There are a variety of ways to get out and experience Japan.

From driving a personal vehicle, renting a van from services, taking the train system or simply booking a trip through travel agencies such as the Yokota Information, Tickets and Travel office at the Yujo, community members have many options.

For the month of July, ITT has already started taking sign up for the following trips:

⇒ Kamakura hosts a giant statue of Buddha on the shore of Sagami Bay. Enoshima Island offers more shrines and recreational grounds with tropical gardens. This tour is offered July 1 for \$25 per person (4 years and older) or \$20 a seat for children under three.

⇒ On July 2, people can travel to see the Shiraito Waterfall and the fifth station of Mt. Fuji via the Subaru Line. This

photo-opportunity trip can be taken for \$20 per person.

⇒ On July 4 there is a trip to Tokyo DisneySea. The ocean-inspired park can be traveled to for: Status of Forces Agreement adults (18 and older) \$45, juniors (12-17 years) \$40, children (4-11 years) \$35 and seats for those under three (if needed) \$15; non-SOFA adults (18 and older) \$70, juniors (12-17 years) \$63, children (4-11 years) \$52 and seats for those under three (if needed) \$20.

⇒ There's also the Hakkeijima Sea Paradise in Yokohama July 8. This facility offers a roller coaster (traveling over land and water) and five-level, pyramid shaped aquarium exhibiting marine life. The cost for this trip is: SOFA adults (16 and older) \$37, juniors (6-15 years) \$31, children (4-11 years) \$25 and seats for those under three (if needed) \$15; non-SOFA adults (16 and older) \$49, juniors (6-15 years) \$41, children (4-11 years) \$33 and seats for those

under three (if needed) \$20.

⇒ Experience a Japanese Baseball Game when the Lions take on the Fighters at the Seibu Dome July 9. SOFA members can attend for \$25 and non-SOFA for \$40.

⇒ Learn the train system on a Tokyo Orientation trip July 15. The cost is pay as you go, since members will be learning the system as they travel various train lines and stations.

⇒ Two special tours are offered, the first is Disney on Ice's "Finding Nemo" July 15 for a cost of \$40 for SOFA status members and \$70 for non-SOFA status. The second is the Irish Dance "Ragus-Show" July 16 with a cost of \$35 for SOFA-status and \$65 for non-SOFA-status members.

⇒ A trip is also offered July 23 to the Fuji Safari Park, Lake Yamanaka and Oshino Village, all for the following prices: SOFA adults (18 and older) \$35, children (4-17 years) \$25 and seats

for those under three (if needed) \$15; non-SOFA adults (18 and older) \$45, children (4-17 years) \$33 and seats for those under three (if needed) \$20.

⇒ Taking a trip to Tokyo Disneyland July 29 will cost: SOFA adults (18 and older) \$45, juniors (12-17 years) \$40, children (4-11 years) \$35 and seats for those under three (if needed) \$15; non-SOFA adults (18 and older) \$70, juniors (12-17 years) \$63, children (4-11 years) \$52 and seats for those under three (if needed) \$20.

Get more information on these and future trips through the ITT office at 227-7083.

For those feeling more adventurous, maps of train rides or driving directions to local attractions like the Tama Zoo, Tachikawa, Seibu Dome, Yokosuka Naval Base, Camp Zama, Tama Recreation Center, New Sanno Hotel, Roppongi/Tokyo Tower, Showa Park and more are available at the Yujo Recreation Center.

High school winds down for summer, services still available

By Richard Schlueter
Yokota High School

Another school year is quickly coming to a close for Yokota High School.

Students have finished up all testing and class requirements today.

However, the school will be open for business as usual during the summer. The high school will be open to the public from 8 a.m. to 2 p.m. Mondays through Fridays.

Counselors return August 16 to assist the new students in scheduling classes. If stu-

dents have not already spoken to their counselor, they should call the school at 225-7018 and arrange an appointment time.

Fall sports are right around the corner for the school also. Volleyball will begin on Aug. 7. Football will hold the first practice on Aug. 7 as well with the first scrimmage game on Aug. 18. The start date for cross country, tennis and cheerleading will be determined.

All students must have a physical on file in the school nurse's office before they can try out. If a student does not have an active

physical on file, please call the hospital and arrange for one as soon as possible.

Next year's senior class can have their senior portraits done Aug. 24 to 27. If students do not have an appointment, they can walk-in during the above dates. Students who will still be in the U.S. during that time should have the portraits done there and bring copies back to Japan with them. There is a limited make-up session in October if students miss these opportunities.

For more information, call the high school at 225-7018.

GET & GET OUT

*Don't chance catching couch potato syndrome this summer –
check out one of these activities and make the most of the 'lazy days' ...*

Karate

Free classes are offered at the Natatorium Saturdays from 3 to 5 p.m. by grand master instructor Kazumasa Itaki. Call 225-6133.

Flying

The flight training center offers regular ground schools along with tests, certification and gear. Call 225-8988.

Kendo

Try this martial art for free. It is offered at the Samurai Fitness Center Saturdays beginning at 9 a.m. Call 225-8881.

Fencing

Take a stab at this sport Tuesdays and Thursdays at the east side basketball courts from 5:30 to 7:30 p.m. If it is raining, it is held at the Airmen and Family Readiness Center.

Aikido Seishinkai

Created by action film star Steven Seagal, this martial art is offered Fridays and Saturdays at the Natatorium from 6:30 to 8 p.m. Call 225-6133.

Tai Chi

Learn both combative and meditative sides of this ancient art from Sensei Ikeda Wednesdays from 6:30 to 8:30 p.m. at the Natatorium. Call 225-6133.

Pilates

See what the craze is about Tuesdays and Thursdays from 5:30 to 6:30 p.m. at the Natatorium.

Boxing

Champion boxer Rick Yoshimura teaches at the Taiyo Recreation Center Mondays, Wednesdays and Fridays from 6 to 8 p.m. Call 225-6955.

Yoga

Take up this art and exercise with classes offered at the Taiyo Recreation Center Tuesdays and Thursdays from 11:30 a.m. to 12:30 p.m. Call 225-6955.

Ballroom dancing

Offered at the Taiyo Recreation Center, these classes are Saturdays from 3 to 5 p.m. and only \$6 each.

Tae Kwon Do

Catch this class at the Natatorium Tuesdays and Thursdays from 7 to 8:30 p.m., and Saturdays from 1 to 2:30 p.m. Call 225-6133.

Kick-boxing

This is a great aerobic exercise class offered by the Natatorium Mondays, Wednesdays and Fridays from 11:30 a.m. to 12:30 p.m. Call 225-6133.

Outdoor Rec's summer trips

Date	Activity and location	Cost
June 17	Whitewater rafting at Momijikyo	\$70
June 21	Teen Whitewater rafting at Momijikyo	\$60
June 24	Sabaki style fishing at Sagami Bay	\$70
June 28	Mahi-mahi lure fishing at Sagami Bay	\$95
July 8	Windsurfing at Miura	TBD
July 12	Canyoning at Enzan	TBD
July 14-15	Overnight mountaineering at Mt. Fuji	\$35
July 19	Mahi-mahi lure fishing at Sagami Bay	\$95
July 21-22	Overnight mountaineering at Mt. Fuji	\$35
July 26	Day mountaineering at Mt. Fuji	\$35
July 29	Beach trip to Tatado Beach, Shimoda	\$15
Aug. 2	Day mountaineering at Mt. Fuji	\$35
Aug. 4-5	Overnight mountaineering at Mt. Fuji	\$35
Aug. 11-12	Overnight mountaineering at Mt. Fuji	\$35
Aug. 23	Mahi-mahi lure fishing at Sagami Bay	\$95
Aug. 26	Day mountaineering at Mt. Fuji	\$35
Aug. 27	Paragliding at Tsukiyono	TBD
Aug. 30	Day mountaineering at Mt. Fuji	\$35

Call Outdoor Recreation at 225-4552 or sign up in person at Bldg. 564. All trips can be signed up for 30 days prior to the trip date with a full deposit required. All mountaineering trips to Mt. Fuji require a mandatory Mt. Fuji safety meeting the day prior to the trip. Members will be told the date and time of the meeting when signing up for a trip at Outdoor Recreation. All cancellations for a trip must be made at least three calendar days prior to the event date. No refunds will be granted after refund notification dates, except in the event of a valid military duty commitment verified in writing by the member's squadron commander or first sergeant.

Outlets available for creativity

Arts, Crafts Center and acting program offered


By Capt. Ben Alumbaugh
374th Airlift Wing Public Affairs

Summer is no reason to be stuck in a rut when there are many chances to let your creative juices flow. The base arts and crafts center and Vivace are making sure everyone can be as creative as possible. From classes to field trips into Tokyo and beyond, the center is offering an assortment of skills including digital and film photography, scrap-booking, wood-working, Japanese crafts, bead jewelry, knitting, pottery and more. The classes are taught by professional instructors during the afternoon and evening. A cartoon and illustration class is offered where drawers can learn tricks and tips used by professional illustrators in America and Japan. The class is \$40 for four sessions. There are many Japanese crafts to be learned at the center too. Japanese gift wrapping, basket weaving, flower arranging, doll making and more can all be learned through the center. Vivace also teaches drama, music, dance, and art by professional instructors. Classes are open to youth between the ages of 7 to 18. For more information on their summer programs call 227-5219 or email info@vivacearts.org. The center is located directly behind the Yujo Recreation Center. It has a frame shop and plaque shop along with a variety of supplies. It is closed Sundays and Mondays. For more information on the center call 225-7837.

Keep the education pace – read

By SeinDee Konieczny
Yokota West Elementary School

The summer is here, and students and their families are looking forward to vacation, fun in the sun and other activities. However, with all of the enjoyment and free-time summer vacation has to offer, it is also a potentially risky time for students' academic development. With summer vacation can also come the "summer slide." It is the decline in reading achievement that can affect students just by being away from school. Unless children read and read literacy daily during the summer, they may fall as much as three months behind in literacy skills. This summer slide affects millions of children every year. This gap can be bridged if students and parents make literacy an integral part of their every day lives while students are on summer vacation. Reading aloud or reading books together is an excellent way to spend quality time. For video examples of parents reading with their children, visit http://pbskids.org/lions/parentsteachers/resources/lit_video/. Students need to hear fluent reading modeled for them. Students in kindergarten to second grade enjoy reading fiction and non-fiction picture books with adults or older siblings. Students in third to fifth grade may enjoy reading popular fiction books or non-fiction with the same companions. However, the key is discussion. While reading, stop and take time to discuss the setting, plot, key story events, characters and problems. When reading non-fiction, take time to ask questions, compare and contrast, and discuss cause and effect. Throughout the elementary school years, students are introduced to a variety of texts and genres. Following up at home over the summer helps students focus their thinking and fine-tune skills and strategies taught during the school year.




In addition to reading aloud or reading with your children, consider practicing these researched-based strategies that help aid reading comprehension. Readers should ask questions, or wonder, while they read; make personal connections to text; summarize while they read; visualize the information like a movie in their mind; determine important from unimportant information in the text; and take clues from a text to determine meanings that are not explicitly stated in a story or piece of text. With a steady dose of reading and practice, school-age students can beat the summer slide and learn new things where they left off the previous school year.

Middle schoolers stay sharp with culture, online resources

By Steven Sanchez
Yokota Middle School

Yokota Middle School will have several educational opportunities for its students this summer. The Department of Defense Education Agency's enrichment program will run from June 26 to July 21 from 9 a.m. to noon, Monday through Friday. During the same dates and hours, host nation instructor Ms. Haruyo Kinoshita, will be offering a host nation cultural enrichment program that will include field trips, Soroban practice, calligraphy, Japanese cooking, literature and Japanese language basics. The school's new math series, Mathematics Applications and Concepts, has an online text feature. Students and parents use these online textbooks not only for review but during the school year so students does not have to tote another heavy book back and forth to school. Use these instructions to access the online math books:
√ To access the sixth grade edition, visit <http://www.glencoe.com/sec/math/msmath/mac04/course1/index.php/na>. The username is MAC104, and the password is STaspEdUw2
√ To access the seventh grade edition, visit <http://www.glencoe.com/sec/math/msmath/mac04/course2/index.php/na>. The username is Mac204, and the password is traD5U8uP3
√ To access the eighth grade edition, visit <http://www.glencoe.com/sec/math/msmath/mac04/course3/index.php/na>. The username is MAC304, and the password is C6enesujak.

School supply lists will be available for the next school year at the end of summer. The teaching teams will provide individual lists to their students. One particular item that would be handy to pick up is a data stick. Middle school students use technology throughout the day and often need a mode to take their electronic work home since they cannot access their school computer drives remotely. The school's summer office hours are 9 a.m. to 2 p.m. Mondays through Fridays except for holidays. The office is closed during holidays. Students and parents who wish to speak to the school guidance counselor must call before June 24. After that day, the counselor will be unavailable until Aug. 16. New students will be scheduled after the counselor's return. For more information, visit the school, collocated with the high school, or call 225-9671.



Yokota Middle School students sit through the first day of the now closing school year in seventh grade literature.

AD

A simple test was all it took for an Airman... to give the gift of life

By Staff Sgt. Karen J. Tomasik
374th Airlift Wing Public Affairs

Many servicemembers know that donating blood can help others, but there's another way that can make an even greater difference in someone's life – donating bone marrow.

A staff sergeant from the 730th Air Mobility Squadron did just that, recently returning to full duty only two weeks after the procedure.

"I originally signed up at a registry drive when I was stationed at Davis-Monthan Air Force Base, Ariz.," said Staff Sgt. Roy Eilenstine. "They took a sample for the national registry and called me back after five years when they thought I was a match for someone."

The C-5 Galaxy/C-17 Globemaster II aircraft crew chief was called back in the beginning of April to provide more samples to narrow down if he was the best possible match for a patient with

leukemia, lymphoma or other blood diseases.

"The process of narrowing down a donor match can take anywhere from seven to 12 additional samples, and I provided several more samples through the beginning of May," said Sergeant Eilenstine.

After the sergeant learned he was the best possible match, he was sent on permissive temporary duty to Georgetown University in Washington, D.C., for the actual donation procedure.

"Altogether the procedure only lasted five hours total, from the time they started the general anesthesia to moving me to recovery," said the sergeant. "It was nice that my wife was able to take leave from her job to be able to be with me before and after the procedure."

Although doctors warned Sergeant Eilenstine of possible pain after the procedure, the sergeant said he only ever felt a little bit sore during the two-week recovery period following his donation.

"I was put on a profile for the initial recovery period that restricted me from lifting anything over 50 pounds but since May 15, I've been back to work like normal," said Sergeant Eilenstine. "Since I'm responsible for a variety of maintenance on the aircraft transiting through Yokota I couldn't wait to be off the profile and back to working on the flightline."

The sergeant's donation has earned much respect from co-workers and supervisors who made sure he could get to Georgetown University for the procedure.

"I recognized the opportunity Sergeant Eilenstine had to save another person's life after working with a great individual at Ellsworth Air Force Base, S.D.," said Tech. Sgt. Gerald Best, 730th AMS expeditor and Sergeant Eilenstine's supervisor. "This Airman's sister was diagnosed with acute leukemia and I saw the issues that came up trying to find a donor match for her. It's not common for a match to be found, especially from a sibling, but he was able



photo by Staff Sgt. Karen J. Tomasik

Staff Sgt. Roy Eilenstine, right, recently returned to work as a crew chief in the 730th Air Mobility Squadron after donating bone marrow. He discusses a fuel transfer on a C-17 Globemaster II aircraft with Capt. Glenn Garcia (left), a pilot from the 10th Airlift Squadron out of McChord Air Force Base, Wash.

to donate marrow to his sister. So I think it's great that Sergeant Eilenstine was able to provide a chance to someone he may never meet."

Sergeant Best spread word the Ellsworth Airman's story to others in the squadron before Sergeant Eilenstine left for the procedure so they would understand the importance of donating bone marrow. He hopes his story will inspire others to register in the bone marrow program.

"This is a pretty big deal," said Sergeant Best. "It's a rare occurrence to actually find a match."

As part of the donation process, the bone marrow donor or patient can initiate a request to contact the other member one year after the transplant is complete.

"I haven't made a decision to contact the recipient or not," said Sergeant

Eilenstine. "Right now I think both of us are glad the program worked to match us. I'll probably decide closer to the one year point."

Sergeant Eilenstine's decision to donate came only six months after losing his own grandmother to cancer, and now he's taken the opportunity to offer someone another chance at life.

"I hope that others decide to donate because this is a worthy cause," said Sergeant Eilenstine. "If asked to donate again, I would in a heartbeat."

To become a bone marrow donor, donors must donate \$52 to cover the cost of the kit and the tests (tax deductible), bring the kit to the hospital for the testing, and then mail the completed kit back to the address provided. For more information about the National Bone Marrow Program or to order a donor kit, visit www.marrows.org.



photo by Staff Sgt. Karen J. Tomasik

Staff Sgt. Roy Eilenstine (right) waits for Staff Sgt. Mike Flossic to finish signing aircraft forms for a C-17 Globemaster II aircraft June 1 after returning to full duty following a procedure to donate his bone marrow two weeks ago. The two are members of the 730th Air Mobility Squadron.

CHECK OUT THE *FUJI FLYER* ONLINE @ WWW.YOKOTA.AF.MIL

AD

“Quotes” & Things

*“It took me 17 years
to get 3,000 hits.
I did it in one afternoon
on the golf course.”*

Hank Aaron

Soccer: The Samurai Fitness Center is accepting intramural soccer team sign-ups until June 26. A coaches meeting is June 28 at 2 p.m. at the center. Call 225-8881.

Bowling: Tomodachi Lanes is hosting Colorama bowling June 27 beginning at 6:30 p.m. The cost is \$15 a person.

Baseball: The Yokota Hawks baseball team needs two competitive players to fill out its roster. Players must be at least 18 years old. Call 090-9967-4700.

Swim lessons: The Natatorium is offering swim lessons Monday through Thursday throughout the summer. The first session is June 19 to 29. Call 225-6133.

Outdoor Rec: The Outdoor Recreation Center is offering the following trips: teen whitewater rafting at Momijikyo June 21; Sabiki-style fishing at Sagami Bay June 24; mahi-mahi lure fishing at Sagami Bay June 28. Call 225-4552.

Triathlon: Camp Zama is hosting its annual triathlon July 23 from 8 a.m. to 3:30 p.m. The first 60 SOFA-status members to sign up get free entry. Community members can sign up through June 30. Call 263-5656 or send an e-mail to kimberly.bailes@zama.army.mil.

National Men's Health Week: June 12 to 18 takes on this title, encouraging adults and youth to have regular check-ups and early treatment for illnesses and injury. Visit www.menshealthweek.org.

Warriors football makes home a fortress

Team earns 20-3 win over Atsugi with stands packed up with fans

By Capt. Ben Alumbaugh
374th Airlift Wing Public Affairs

The Yokota Warriors varsity football team made their home opener a memorable one in front of a packed Bonk Field by beating the Atsugi Falcons 20-3.

The Warriors overpowered the Falcons in the first half and essentially put the game out of reach by halftime with the score already 20-3.

Yokota spotted Atsugi an early lead after fumbling in their own end, which led to the Falcon's three points.

After that the Warriors ran off 20 straight points and never looked back. They pushed the ball deep into Atsugi's end of the field and scored on a 10-yard pass from quarterback Jacob Dowdell to Bruce Turner.

Yokota didn't let up there and too the lead to 14-3 after a short run by running back Kevin Hill.

Yokota then blocked a punt and recovered the ball, which led to a 2-yard touchdown plunge by Jacob Dowdell to finish off the scoring for the night.

Atsugi started the second half brightly and moved the ball well at the start of the third quarter, but the Warriors defense stepped up

and ended the drive by intercepting the ball at the goal line.

On the ensuing drive, the Warriors moved the chains enough to chew up more clock and kept the drive through the early part of the fourth quarter. Even with the ball for an extended period they were unable to put themselves into prime scoring position and finish off the Falcons.

The drive was halted when quarterback Jacob Dowdell was intercepted with about nine minutes left in the game.

Atsugi then pushed down the field trying to make the game closer but were unable to really threaten Yokota's defense.

“Offensively we played well, but we still need to work on our consistency in execution,” said Jonathan Pitts, assistant coach. “On the defensive side of the ball Atsugi exposed some holes in our pass coverage, so we need to make some adjustments on defense. Our special teams are getting stronger every week and they will be one of our greatest strengths throughout the season.”

The Warriors will play the Asahi Silverstars at Kawasaki Stadium on June 17. Yokota Warriors will have a Homecoming on June 24 at Bonk Field against Kadena.



photos by Airman 1st Class John Albea



Above, quarterback Jacob Dowdell, 10, hands the ball off as the Yokota Warriors drive down the field on their way to victory against Atsugi. Left, Greg Watkins, 8, trails the play as Yokota's defense stuffs another Atsugi Falcons drive at Bonk Field on Saturday night.

Winners announced for annual Ekiden relay races Sunday

By Capt. Ben Alumbaugh
374th Airlift Wing Public Affairs

The 22nd Annual Ekiden race sponsored by the Yokota Striders took place Sunday with more than 3,000 participants.

The winners are as follows: in the men under 39 5K, Yoichi Takahashi won with a time of 15 minutes and 12 seconds.

In the men over 40 category, Fumio Hoshhoya took first place with a time of 16:04.

Tomomi Kashiwazaki won the women under 39 5K race with a time of 18:34 and in the women over 40 category Akiko Kobayashi won with a time of 19:01.

Mark Hagan won the SOFA overall with a time of 16:43.

For the men under 29 category, team Shibuya Nishi took first place with a time of 1:08:50.

Tokyo Wings won the men's 30-44 ekiden with a time of 1:03:17.

Jingu AC was the first place team in the men

over 45 category with 1:08:50.

Team Go won the women under 39 ekiden with a time of 1:20:01.

1:25:17 was the best time in the women over 40 category, won by Hitozuma 4.

Team Wind Run won the mixed under 29 category with a time of 1:19:11.

In the mixed 30-44 class, Arato Soyukai took first with 1:13:00. Arato Soyukai Team A won the mixed over 45 group with 1:17:13. Team White won SOFA overall with 1:27:59.

AD